

## KSA Fall 2026 Playing Format Pocket Reference Guide

	U5	U6	U7	U8	U9	U10	U11	U12	U13/14	U15/16	U17/19
<b>Time</b>	4 x 8 min	4 x 8 min	4 x 10 min	4 x 10 min	2 x 25 min	2 x 25 min	2 x 30 min	2 x 30 min	2 x 35 min	2 x 40 min	2 x 45 min
<b>Fee</b>	\$20	\$20	\$25	\$25	\$30 / \$25	\$30 / \$25	\$46 / \$32	\$46 / \$32	\$60 / \$40	\$65 / \$45	\$75 / \$50
<b>Break</b>	2 min Qtr / 5 min half	2 min Qtr / 5 min half	2 min Qtr / 5 min half	2 min Qtr / 5 min half	5 min @ half	5 min @ half	5 min @ half	5 min @ half	10 min @ half	10 min @ half	10 min @ half
<b>Ball Size</b>	3	3	3	3	4	4	4	4	5	5	5
<b>Format</b>	3 v 3	3 v 3	4 v 4	4 v 4	7 v 7	7 v 7	9 v 9	9 v 9	11 v 11	11 v 11	11 v 11
<b>Min. Required</b>	2	2	3	3	5	5	7	7	7	7	7
<b>Max. Roster</b>	6 max	6 max	8 max	8 max	12 max	12 max	16 max	16 max	18 max	22 max	22 max
<b>Substitution **</b>	any stoppage	any stoppage	any stoppage	any stoppage	USSF	USSF	USSF	USSF	USSF	USSF	USSF
<b>Keeper</b>	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Punting</b>	NA	NA	NA	NA	No	No	Yes	Yes	Yes	Yes	Yes
<b>Offside</b>	No	No	No	No	Yes - After Buildout line	Yes - After Buildout line	Yes	Yes	Yes	Yes	Yes
<b>Slide Tackle</b>	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Free Kicks</b>	Indirect	Indirect	Indirect	Indirect	I / D	I / D	I / D	I / D	I / D	I / D	I / D
<b>Throw Ins</b>	Yes*	Yes*	Yes*	Yes*	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Headers</b>	No	No	No	No	No	No	No	No	Yes	Yes	Yes
<b>Build Out Line</b>	No	No	No	No	Yes	Yes	No	No	No	No	No
<b>Penalty Kick</b>	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Yds Away</b>	4 Yds	4 Yds	6 Yds	6 Yds	8 Yds	8 Yds	10 Yds	10 Yds	10 Yds	10 Yds	10 Yds
<b>Cautions</b>	Verbal	Verbal	Verbal	Verbal	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Scorecard</b>	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Player Cards (paper / virtual)</b>	No	No	No	No	No	No	No	No	Yes	Yes	Yes
<b>Max Field Size Ranges*** (yds)</b>	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 70-80 Width 45-55	Length 70-80 Width 45-55	Length 70-80 Width 45-55	Length 70-80 Width 45-55	Length 112 Width 75	Length 112 Width 75	Length 112 Width 80
<b>Goal Size (Feet)***</b>	4 x 6	4 x 6	4 x 6	4 x 6	6.5 x 12 (R) 6.5x18.5 (M)	6.5 x 12 (R) 6.5x18.5 (M)	6.5 x 18.5 (R) 7 x 21 (M)	6.5 x 18.5 (R) 7 x 21 (M)	8 x 24	8 x 24	8 x 24

\* For U5/U6, let second throw proceed even if done incorrectly. At U7/U8, they are still 6-7 year olds. Grassroots level, so development is a big part of the game. Give a second attempt with some coaching on correct technique from the referee. Then if the second throw in is illegal, it can turn over to the other team.

\*\* For U11 and above: Throw-ins on own substitute and opponents throw in IF opponent subs first (piggybacking)

\*\*\* NTX recognizes most fields are furnished by various municipal parks and are recommended field and goals sizes