

KSA Spring 2026 Playing Format Pocket Reference Guide

	U5	U6	U7	U8	U9	U10	U11	U12	U13/14	U15/16	U17/19
Time	4 x 8 min	4 x 8 min	4 x 10 min	4 x 10 min	2 x 25 min	2 x 25 min	2 x 30 min	2 x 30 min	2 x 35 min	2 x 40 min	2 x 45 min
Fee	\$20	\$20	\$25	\$25	\$30 / \$25	\$30 / \$25	\$46 / \$32	\$46 / \$32	\$60 / \$40	\$65 / \$45	\$75 / \$50
Break	2 min Qtr / 5 min half	5 min @ half	5 min @ half	5 min @ half	5 min @ half	10 min @ half	10 min @ half	10 min @ half			
Ball Size	3	3	3	3	4	4	4	4	5	5	5
Format	3 v 3	3 v 3	4 v 4	4 v 4	7 v 7	7 v 7	9 v 9	9 v 9	11 v 11	11 v 11	11 v 11
Min. Required	2	2	3	3	5	5	7	7	7	7	7
Max. Roster	6 max	6 max	8 max	8 max	12 max	12 max	16 max	16 max	18 max	22 max	22 max
Substitution **	any stoppage	any stoppage	any stoppage	any stoppage	USSF	USSF	USSF	USSF	USSF	USSF	USSF
Keeper	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Punting	N/A	N/A	N/A	N/A	No	No	Yes	Yes	Yes	Yes	Yes
Offside	No	No	No	No	Yes - After Buildout line	Yes - After Buildout line	Yes	Yes	Yes	Yes	Yes
Slide Tackle	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Free Kicks	Indirect	Indirect	Indirect	Indirect	I / D	I / D	I / D	I / D	I / D	I / D	I / D
Throw-ins	Yes*	Yes*	Yes*	Yes*	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Headers	No	No	No	No	No	No	No	No	Yes	Yes	Yes
Build Out Line	No	No	No	No	Yes	Yes	No	No	No	No	No
Penalty Kick	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Yds Away	4 Yds	4 Yds	6 Yds	6 Yds	8 Yds	8 Yds	10 Yds	10 Yds	10 Yds	10 Yds	10 Yds
Cautions	Verbal	Verbal	Verbal	Verbal	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Scorecard	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Player Cards (paper / virtual)	No	No	No	No	No	No	No	No	Yes	Yes	Yes
Max Field Size Ranges*** (yds)	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 70-80 Width 45-55	Length 70-80 Width 45-55	Length 70-80 Width 45-55	Length 70-80 Width 45-55	Length 112 Width 75	Length 112 Width 75	Length 112 Width 80
Goal Size (Feet)***	4 x 6	4 x 6	4 x 6	4 x 6	6.5 x 12 (R) 6.5x18.5 (M)	6.5 x 12 (R) 6.5x18.5 (M)	6.5 x 18.5 (R) 7 x 21 (M)	6.5 x 18.5 (R) 7 x 21 (M)	8 x 24	8 x 24	8 x 24

* For U5/U6, let second throw-in proceed even if done incorrectly. For U7/U8, give a second attempt with some coaching on correct technique from the referee. If the second throw-in is illegal, it can turn over to the other team.

** For U11 and above, throw-ins on own substitute and opponents throw-in IF opponent subs first (piggybacking.)

*** NTX recognizes that most fields are furnished by various municipal parks and these are recommended field and goals sizes.