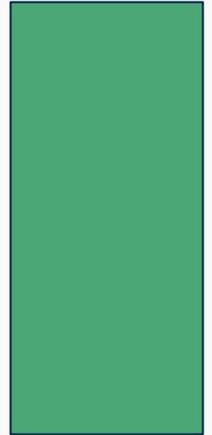


Scan the QR code to  
check in for the Coach's  
Meeting



# KSA COACHES MEETING

SPRING 2026



# TOP 5 TAKEAWYS

- **Rosters**

- Notify of any known roster issues asap, to help with uniform ordering

- **Game Day Musts**

- U9 & up – Must have jersey #'s entered into gotSPORT rosters
- Bring 2 printed game reports with coaches listed and all players with jersey #'s
- Coaches must have printed badges visible at all times while on sideline
- **NMCSL – not doing so, could result in a forfeit**
- Players bring both jerseys to every game (Make sure it is their jersey)

- **Coach/Player/Parent Conduct**

- Zero Tolerance and New Referee Abuse Prevention Program
- Coaches are responsible for parent behavior (set expectations)

- **No Earrings & Must have shin guard**

- **Reach out to your commissioner for help**

# KELLER SOCCER ASSOCIATION

- Non-Profit Organization under NTX Soccer
- U9-U19: NMCSL (Northern Mid Cities Soccer League)  
Recreational League – 80+ teams
- U8 & under: KSA Recreational League – 70+ teams
- 1500+ players this season
- 150+ coaches
- 100+ referees
- 3000+ parents, grandparents, sideline coaches, etc...

**We are a 100% volunteer organization**

# MANDATORY COACH REQUIREMENTS

- **Do on-line Coach Registration.** This is how we know you are coaching for us, how we can assign you to a team and how you get emails from the association
- **Background Check**
- **SafeSport Certification - *Initial or Refresher*:** Product of the Protecting Young Victims from Sexual Abuse and Safe Sport Authorization Act of 2017. Only one time doing full course, then 15-30 min refresher each year (linked to BG check)
  - **Use your legal names in both Gotsoccer and SafeSport AND the same e-mail your coach account is under.**



# US SOCCER – TEAM FORMATION

**Please understand it is NOT “your” team.** You cannot ask KSA to not put certain players on and/or take certain players off, and please do not say yes or no if someone asks if they can be on “your” team.

## **Team placements (Calendar Age Rules):**

- Returning team age assignments are based upon the age of oldest player on the roster

## **Returning players may:**

- **Automatically return to their previous team - the Gotsport system controls this. It does not matter what else they try to put in other drop downs, in the notes etc.. If they do not mark return to draw, they will always go back to their previous team**
- Elect to go into the draw
- May elect to stay in calendar age group, despite team
- May request to play up one age group, without board approval

## **New players may:**

- **Request “buddy rule” if they have NOT played with any NTX association within the past two seasons. It is a REQUEST!!!** Many times, teams are already full.
- Request to play in calendar age group or request to play up

*Coach and Parent Roster Questions/Concerns **must** be directed to the KSA Office via email, for vetting/evaluation, to ensure NTX Registration and Roster Compliance.*

# PRE-SEASON PREPARATIONS

- **Contact Team – within 48 hours of receiving roster**
  - Establish practice days/locations (**centrally located to all**)
  - Recruit volunteers (assistant/team manager/team mom or dad, etc.)
    - Ensure background checks, registration, safe sport course
    - Notify commissioner ASAP if adding a volunteer to your team
      - Must be added to roster to be on the sideline
      - Verify on your printed rosters before your games
  - Let your commissioner know asap about any roster concerns, so we can get any last minute changes before uniform orders
- **Coach's card NEED to be printed and on a lanyard and visible to the referee crew (at least during the roster check in process)**
  - NMCSL has moved towards a stricter visual policy

# PRACTICES

- No more than three soccer events per week
  - Includes games
  - Suggest no more than 1-hour practice
- KSA does not have designated practice fields and the City of Keller does not permit use of game fields for practices, outside of organized development/skills programs
- NEVER allow bullying of each other by your players.
- Equipment – Water, ball, shin guards
  - Cleats (not required), however must be soccer cleats if worn
- Emphasis should be on technical skills, tactical skills and fun!!!
  - Create games to teach skills “Make Practice Fun”
  - Environment of teamwork and positive reinforcement
  - Build confidence and morale
  - Come prepared with a practice and game plan
    - Outline practice to maximize touches, reduce stale time

# RESOURCES

- **Coach Resources**

- KSA website – [www.kellersoccer.net](http://www.kellersoccer.net)
  - KSA Bylaws
  - Quick Reference Guide
  - Coaches Corner
- Got Soccer – [www.gotsport.com](http://www.gotsport.com) – Coach Account



- **North Texas Soccer – Grassroots Program**

- <https://www.ntxsoccer.org/coaching/coaching-education-program/>

- **Apps!!!!** Lots of soccer applications out there for you to use, plus YouTube etc. Most popular and useful app seems to be Mojo Sports: It sends you practice plans for each practice and even included videos

- **Challenger Soccer Skills:**

- Wednesday nights
- 6 weeks of supplemental skill sessions starts on Wednesday, Mar 25th

# GAME DAY STANDARDS



## KSA Standards

- Ensure 50% play time: prepare a line-up in advance; with substitution plan
  - **Recreation league - no exceptions! Even if players don't make practice...**
- Review Quick Reference Chart for age specific rules
  - Quick reference guides at link [www.kellersoccer.net](http://www.kellersoccer.net), meets U.S. Soccer standards
- **No Jewelry or Uniform Adornments**
- KSA has designated coaches' technical boxes, coaches must remain in designated area
- Parents and Coaches, please, stay off fields; unless invited by a referee
- Parents and Coaches on opposite sides of field @ KSA. Observe away associations protocol.
- Prefer two coaches per sideline, up to three allowed. MUST have KSA coach ID visible
- No scores are recorded in U8 and younger play
  - ***FOCUS ON SKILLS, TACTICS, SPORTSMANSHIP, FUN and CONFIDENCE BUILDING***
- AEDs – automated external defibrillators are located at Concessions B and E
- Large First Aid Kits and Ice Packs are available at Concessions B and E; and on the golf cart
- Coaches are responsible for parent behavior – educate during pre-season team meetings

# GAME DAY STANDARDS

## Miscellaneous

- **If uniform conflicts, home team must change or wear pinnies.** Pinnies can be borrowed from either concession stand.
- **Game reports from Gotsport for U9+ age groups**
- Spirit of the Game (6 goal differential – don't celebrate others misfortune)
  - You get no additional points in rank for more goals, there is a max
- Home Team enters score in Gotsport within 48 hours.
  - If home team doesn't do so within 48 hours, you may enter them. Any errors, notify your Commissioner
  - DO NOT enter forfeits – tell Commissioner
- Issues/questions:
  - Find a Field Monitor
  - Contact your age group Commissioner
    - All concerns must be documented and submitted to the age group commissioner
    - No on-park disputes with referees are tolerated, please allow your Commissioner to address matter with referee director and board



# POCKET REFERENCE GUIDE

## KSA Fall 2025 Playing Format Pocket Reference Guide

	U5	U6	U7	U8	U9	U10	U11	U12	U13/14	U15/16	U17/19
<b>Time</b>	4 x 8 min	4 x 8 min	4 x 10 min	4 x 10 min	2 x 25 min	2 x 25 min	2 x 30 min	2 x 30 min	2 x 35 min	2 x 40 min	2 x 45 min
<b>Fee</b>	\$20	\$20	\$25	\$25	\$30 / \$25	\$30 / \$25	\$46 / \$32	\$46 / \$32	\$60 / \$40	\$65 / \$45	\$75 / \$50
<b>Break</b>	2 min Qtr / 5 min half	5 min @ half	5 min @ half	5 min @ half	5 min @ half	10 min @ half	10 min @ half	10 min @ half			
<b>Ball Size</b>	3	3	3	3	4	4	4	4	5	5	5
<b>Format</b>	3 v 3	3 v 3	4 v 4	4 v 4	7 v 7	7 v 7	9 v 9	9 v 9	11 v 11	11 v 11	11 v 11
<b>Min. Required</b>	2	2	3	3	5	5	7	7	7	7	7
<b>Max. Roster</b>	6 max	6 max	8 max	8 max	12 max	12 max	16 max	16 max	18 max	22 max	22 max
<b>Substitution **</b>	any stoppage	any stoppage	any stoppage	any stoppage	USSF	USSF	USSF	USSF	USSF	USSF	USSF
<b>Keeper</b>	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Punting</b>	NA	NA	NA	NA	No	No	Yes	Yes	Yes	Yes	Yes
<b>Offside</b>	No	No	No	No	Yes - After Buildout line	Yes - After Buildout line	Yes	Yes	Yes	Yes	Yes
<b>Slide Tackle</b>	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Free Kicks</b>	Indirect	Indirect	Indirect	Indirect	I / D	I / D	I / D	I / D	I / D	I / D	I / D
<b>Throw Ins</b>	Yes*	Yes*	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Headers</b>	No	No	No	No	No	No	No	No	Yes	Yes	Yes
<b>Build Out Line</b>	No	No	No	No	Yes	Yes	No	No	No	No	No
<b>Penalty Kick</b>	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Yds Away</b>	4 Yds	4 Yds	6 Yds	6 Yds	8 Yds	8 Yds	10 Yds	10 Yds	10 Yds	10 Yds	10 Yds
<b>Cautions</b>	Verbal	Verbal	Verbal	Verbal	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Scorecard</b>	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Player Cards (paper / virtual)</b>	No	No	No	No	No	No	No	No	Yes	Yes	Yes
<b>Max Field Size Ranges*** (yds)</b>	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 70-80 Width 45-55	Length 70-80 Width 45-55	Length 70-80 Width 45-55	Length 70-80 Width 45-55	Length 112 Width 75	Length 112 Width 75	Length 112 Width 80
<b>Goal Size (Feet)***</b>	4 x 6	4 x 6	4 x 6	4 x 6	6.5 x 12 (R) 6.5x18.5 (M)	6.5 x 12 (R) 6.5x18.5 (M)	6.5 x 18.5 (R) 7 x 21 (M)	6.5 x 18.5 (R) 7 x 21 (M)	8 x 24	8 x 24	8 x 24

\* Let second throw proceed even if done incorrectly

\*\* For U11 and above: Throw-ins on own substitute and opponents throw in IF opponent subs first (piggybacking)

\*\*\*NTX recognizes most fields are furnished by various municipal parks and are recommended field and goal sizes

# League Play

## League Play & Locations

- U5 - U8 – KSA vs KSA
  - All games at KSA Soccer Complex
- U9-U19 - Northern Mid City Soccer League
  - At least 50% of games will be at the KSA Soccer Complex
  - Up to 50% of games will be played at neighboring associations
- U11-U19 Players cannot play on multiple North Texas rosters even if they are in different leagues
  - No recreational team plus a competitive team
  - **This includes any US club roster**



# ZERO TOLERANCE

## **Zero Tolerance Policy** – KSA Standards are to provide a peaceful playing environment

Yelling at, belittling, not following instructions from a referee or game official; or any other form of dissent toward any game official will result in an Appeals and Disciplinary Hearing, before the KSA Board

- *Coach is responsible for the conduct of parents*
- **Disrespectful conduct such as confronting referees is an A/D violation**
  - Violations can result in suspension of players, dismissal of coach, forfeit of game
  - Violations NOW may include YELLOW AND RED CARDS, as well as disciplinary action from verbal/written warnings, community service up to dismissal from coaching at KSA for the season or longer
- **Coaches must track cumulative yellow and red cards of players**
  - Excessive red cards will result in player A/D hearing
  - Rules are available [www.kellersoccer.net](http://www.kellersoccer.net)
- *Do not argue calls with referees (home or away)*
  - Wait 24 hours
  - Coach ONLY write a formal report to the age group commissioner for review
  - Commissioner will address with the Director of Referees
  - Commissioner will report back to coach
  - KSA does not oversee other association referees
    - A/D Chair will forward written reports



# REFEREES



## We are developing referees like you are developing players

- They are learning to be refs
- We are having to identify and develop referees from single ref to three person crews

## KSA Standards

- **Zero Tolerance – Will be STRICTLY enforced!! We, and US Youth Soccer as a whole, are losing referees at an alarming rate because of rude, screaming, disrespectful, degrading etc., coaches and parents!!! Please control yourself and your parents!!**
  - **Recreation league - no exceptions!**
  - It's okay to ask questions – it's not okay to challenge or threaten
  - Screaming at referees is not going to make them better
- **Things that are okay to ask at half time or after game:**
  - Can you explain what you saw?....**Thanks**
  - On that call (insert details) how did you see it play out?....**OK Thanks**
- **Not okay**
  - Maybe if we got some calls they wouldn't foul so much!
  - You need to call the game both ways!

# REFEREE ABUSE PREVENTION



## US Soccer Board effective March 2025

- Due to continual abuse to referees
- Goal is to have consistent tangible consequences

### NON-PHYSICAL OFFENSES of gross misconduct, abuse, and / or assault

NON-PHYSICAL*	MIN. GAMES	TIME
Insulting, Belittling, Insinuating or Taunting Behavior Undermining Referee Authority	2	
Harassment, Intimidation, Retaliation, Abusive, or Threatening (Non Physical) Language	4	
Aggression, Attacking, Derogatory, Cyberbullying, Doxing or Threatening (Physical / Violence) Language	6	6 - 24 Months
Offensive or Discriminatory Act	10	12 - 24 Months

### PHYSICAL OFFENSES of gross misconduct, abuse, and / or assault

PHYSICAL*	MIN. GAMES	TIME
Minor or Slight Deliberate Touching	3	1 - 6 Months
Pushing, Grabbing, Pulling, Squeezing, Pinching, Lightly Slapping, Use of Object in Non Striking Manner, or Physical Property Damage	10	6 - 24 Months
Hitting, Punching, Elbowing, Kicking, Biting, Spiting, Choking, Tackling, Throwing or Use of Object or Any Part of Body (Forearm, Knee, Head) in a Striking Manner		12 Months - Lifetime

(\* ) Disclaimer: These are only a few examples of abuse – other actions or statements may also fall into this category.

### KEY PENALTY FACTORS

- Single offenses are at **minimum the prescribed game penalty or time penalty** for non red zone offenses
- Penalties can be **both game and time depending on severity** / circumstances
- Second time offenders receive **double punishment**
- Third time offenders receive a **lifetime ban**
- More than one offense at the same time is **at least the punishment for the most serious offense**
- Offenses against minors are automatically subject to a **“minor multiplier” resulting in triple punishment**
- **One offense warning per league** to be managed by states and leagues collaboratively
- Game consequences are **inclusive of 1 game penalty for any red cards given**
- Optionality for **50% penalty for first offense from a minor**

# GAME DAY LOGISTICS

- **Game Locations** (KSA / NMCSL Fields)
- **Rainouts, Reschedules – Real Time Updates:**
  - **Like us on Facebook (Fastest Method)**
  - Follow us on X
    - These two mediums will be invaluable to you and your parents this upcoming season
    - Same for other associations
  - User names are @kellersoccer
  - Check web – Field Status updated as quick as possible
    - [www.kellersoccer.net](http://www.kellersoccer.net)
  - **Lightning detection system on the field – Perry Weather PLEASE ABIDE!!!** Even if it doesn't "look" bad where you are. Here's an example why:
    - <https://www.weather.com/storms/severe/video/lightning-strikes-out-of-nowhere-on-sunny-day-in-florida?pl=pl-the-latest>
  - Most games will be rescheduled, unless game progressed to 1<sup>st</sup> touch in second half.
    - **Coach is responsible for checking web site for reschedules**

# RESCHEDULE REQUESTS

## Rescheduling Policy :

- Coaches may ONLY request reschedule if the *team* is unable to field a minimum squad (see Pocket reference guide for minimum for each age)
  - Per KSA bylaws & for reasons limited to school, church and scouting events
  - **Reschedules not made as a result of coach absences** – therefore suggest at least 2 assistants who are registered/background checked
  - Reschedules *are not guaranteed*, are field/referee availability dependent; and NMCSL may decline, resulting in forfeit
- ***Pre-season known schedule conflicts*** must be provided to the age group commissioner in writing within 2 days (48 hours) of schedule publications, for opening weekend
  - Obtain from parents *prior to schedule publication*
    - Example: large known school or scouting events
    - Please get those to the age group commissioner ***ASAP! Same for coaches that coach more than one team.***

# RESCHEDULE REQUESTS

## Rescheduling Policy - Continued:

- **Reschedule requests shall only be considered when submitted in writing on the appropriate form.**
  - Reschedule request forms are available online under Coaches Corner.
  - Coaches shall complete form and email to their commissioner – *provide 3 alternate dates, not guaranteed*
  - Commissioner will review and determine eligibility, forward to Scheduler and President for approval
  - Scheduler will notify Commissioner of rescheduled date/time
  - Commissioner will notify coach of new game/time
- Reschedules are reviewed on a case-by-case basis



# KSA LOCAL BUSINESS PARTNERS!!!

- **Dicks Sporting Goods – Alliance Town Center**
  - KSA Discount coupons @ Keller Soccer Association Offices and [kellersoccer.net](http://kellersoccer.net). 20% off entire purchase form on the upcoming Dick's Sporting Goods weekend
- **Soccer Post – Denton Hwy**
  - More soccer specific (player, coach and referee gear)
  - Great partner to help with our uniform distribution
- **Kroger Rewards**
  - Set up your community rewards to go towards Keller Soccer, which we will use for future scholarships.

**PLEASE TELL ALL YOUR PARENTS!!!**



# KEY DATES

- Schedules should be out approx. 1 week before opening weekend.
  - Remember for U9-U19, we're coordinating with multiple associations, fields and different schedulers
- Uniforms should be ready for Coaches to pick up at Soccer Post the week before the season starts, **BUT PLEASE WAIT UNTIL YOUR COMMISSIONER TELLS YOU THAT YOUR TEAMS IS READY!** We do them individually and specifically for each team, not just batches.
- Please understand that there are many logistical as well as supply chain issues that are out of our control, and therefore the later pick up of uniforms this season.
- *Saturday February 28<sup>th</sup>: Season Starts.*
- 8 games for all age groups
- Picture Days: April 11<sup>th</sup> & April 18<sup>th</sup>
- Last weekend May 9<sup>th</sup>
- Commissioner's Cup (End of Season Tournament) May 13-17

# KSA - KEY CONTACTS

- **General Contacts**

- [kellersoccer@verizon.net](mailto:kellersoccer@verizon.net)
- Follow us on Twitter and Instagram @KellerSoccer
- Like us on Facebook @KellerSoccer
- Office hours Tues/Thurs (9:30a-1:30p)  
133 Sports Parkway, Suite F, Keller TX 76248

- **KSA BOARD**

- [www.kellersoccer.net](http://www.kellersoccer.net)
  - **Contact Info - Tab**

- **Rainouts**

- [www.kellersoccer.net](http://www.kellersoccer.net)
- **Facebook** & Twitter are most timely and highly recommended



# Rosters & Game Reports

## • Rosters

- View your team roster - from your gotSPORT account
- Team Management -> Team Name -> Rosters -> Select Event Roster = KSA Fall 2025 Season -> Search ->
  - Players & Coaches tabs (Check to make sure you and your AC's are there)
    - Drill down on player for contact info
  - Roster PDF Button -> Hard Copy

## • Game Reports

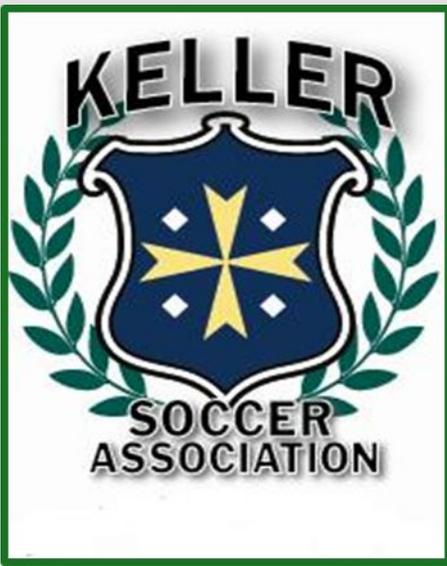
- Team Management -> Matches -> Find Specific Game # -> Far right under 'Chat' Column click the 3 dots (...)  
-> Print Match Cards -> Export
- Should have both team's NTX approved players & coaches
- If your AC is not on here, that means they are not approved and/or moved over to your roster.

## • Coaches Badge & Player ID's

- Same as Roster above, but hit ID cards instead of roster
- Print hard copy for coach ID's & for U13+ players
- Available on the gotSPORT app

## • All available on the GotSPORT App





Remember to  
scan the QR code to  
check in for the Coach's  
Meeting



# KSA COACHES MEETING

**Thank You for Coaching**

